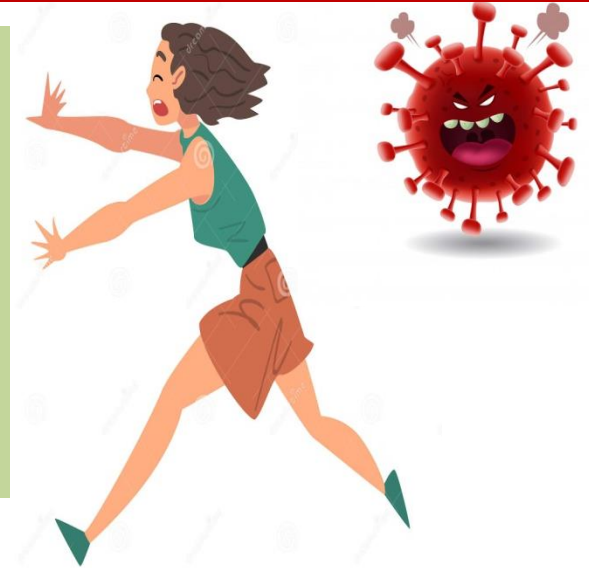


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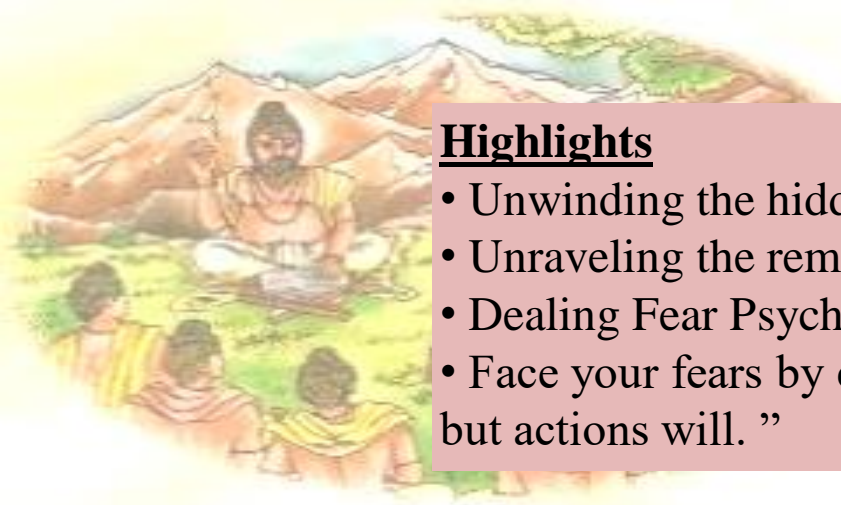
“Fear Psychosis Due To Covid 19 And Its Remedies Through Counselling And Charak Samhita”

Fear psychosis is an extreme emotional state which is characterised by the transformation of an individual's normal behaviour into maladaptive ways and basically accompanied with anxiety. In the presently scenario this anxiety level is increased due to the fear of infection, social isolation and because of social economic and occupational impact of Covid 19 pandemic.



Highlights

- Unwinding the hidden facts of Charak Samhita about Fear Psychosis
- Unraveling the remedies for Fear Psychosis explained in Charak Samhita
- Dealing Fear Psychosis due to Covid 19 through Counselling
- Face your fears by expert guidance as “Thinking will not overcome fear, but actions will. ”



RESOURCE PERSONS



Dr Nishi Arora MD PhD Ayurved, Masters in Indian Philosophy, Masters in Counseling and family therapy is currently an Associate professor and HOD of the Department of Basic Principles of Ayurveda at A&U Tibbia College and Hospital, Karol Bagh, New, Delhi.

She has a working experience 20 yrs+ and has written 4 books on Ayurveda. She has 2 poems and has 30+ national and international articles under her name.



Mrs. Preeti Dhangra is a counselling Psychologist working with teachers and students since 20 years. She completed her internship with Mrs. Trinkar Arora from Asian Institute of Medical Sciences Faridabad. She worked on the project on 'Anxiety among the mothers of pre-teens' under her guidance. She is associated with Institute of Counsellor Training Research and Consultancy (ICTRC) and did a short course of teacher as counsellor. She is a great aspirant to take mental health awareness to new heights in India specially.

CO-ORDINATOR



Dr. Sunita Gupta MD Ayurved, is working as a Professor and HOD of Department of Moulik Siddhant at SBLD Ayurved Vishwabharti, Sardarshahar. She has an academic experience of more than 30 years. She has to her credit a clinical experience of more than 30 years as well in Gynecology and Obstetrics.



Registration details

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